

Build with communities in mind

SMNWP newsletter
October 2025



Welcome!

Family fun in Northwest Sydney!

Free fitness with real results



Did you know 76% of members at Bella Vista's Live Life Get Active classes were at high risk of pre-diabetes or type 2 diabetes? By attending regular classes, these members were able to save \$235,272* a year in potential diabetes costs.

Every class makes a difference! Whether you're looking to:

- Improve your health
- Boost your energy
- Reduce healthcare costs
- Connect with your community

Live Life Get Active and Landcom have partnered up to help support you. Join us each week during school term at Bella Vista Pocket Park.

[Start your journey to better you](#)

*The statistics for Bella Vista were adjusted using data from [Diabetes Australia \(2023\)](#) for Western Sydney.

Roll into warmer months with Totem Skate

After a near sold-out October event, Totem Skate is back at Bella Vista Pocket Park for one of the final sessions of the year!

Join the crew on Saturday 1 November for our free learn to skate workshops. Track your progress with a Totem Passport, and level up your skills in a fun, safe space.

Spots fill up fast and registrations are now open, so get in quick to shred with us.



[Secure your spot to skate](#)



Sun, sand and dance moves!

Stage Door Performing Arts is bringing summer to Bella Vista Pocket Park early for a fun, beach-themed dance class your little one will love.

Join us at 10am, Wednesday 19 November to get the good vibes rolling with friends from the local area.

[Register now](#)

Bella Vista Farm Open Day returns

After a short break, Bella Vista Farm Open Day is back in full swing in the lead up to summer!

On Sunday 2 November, explore the heritage farm buildings, enjoy a Devonshire Tea or bring a picnic, and relax to live music with family and friends.

[Plan your visit](#)



About Sydney Metro Northwest Places

Landcom and Sydney Metro are working closely with the community to plan, create and activate new places for Sydney's Northwest locals to live, shop, work and play, all within walking distance of Sydney Metro Northwest stations.



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Level 14/80 Station St Parramatta NSW 2150